

# *Reach For Your Dreams*

*This life is yours*

*Take the power to choose what you  
want to do and do it well*

*Take the power to love what you  
want in life and love it honestly*

*Take the power to control your own life*

*No one else can do it for you*

*Nothing is too good for you*

*You deserve the best*

*Take the power to make  
your life healthy and happy,*

*but most importantly worthwhile*

*Take the power to reach for your dreams!*