



Reach For Your Dreams

*This life is yours
Take the power to choose what you
want to do and do it well
Take the power to love what you
want in life and love it honestly
Take the power to control your own life
No one else can do it for you
Nothing is too good for you
You deserve the best
Take the power to make
your life healthy and happy,
but most importantly worthwhile
Take the power to reach for your dreams!*